

## **Case Management at Family Practice Medical Group of San Bernardino, Inc.**

Case Management is here to provide patients with resources for management of their health care issues. FPMG has an active Case Management Department to help you navigate today's complex health care system. All of our membership is automatically enrolled in Case Management

These are some of the situations where Case Management may be of help to you:

1. After hospitalization and skilled nursing facility care
2. Matching available insurance benefits to medical, psychological, and social needs
3. Complex disease management
4. Chronic disease management such as Diabetes, COPD (Emphysema and Chronic Bronchitis), Heart Failure, Asthma, Coronary Artery Disease, Dementia, and Depression. We also have active one-on-one education programs to help patients deal with Diabetes, Obesity, Stress Management, and Smoking Cessation.
5. Life planning issues (advance directives, end-of-life care)
6. End Stage Renal Disease and Organ Transplantation
7. Caregiver Support
8. Transportation issues
9. In-home care resources
10. Managed Care program and resources

You may refer yourself or a family member through your PCP or directly to FPMG.

If you would like to Opt Out of this program, simply call and tell us your wishes.

Please contact your primary care physician if you'd like assistance with any of these issues or you may contact the case management directly:

Family Practice Medical Group of San Bernardino, Inc.  
Attn. Case Management Department  
1369 East Highland Avenue  
San Bernardino, CA 924  
(909) 883-8966

Or via email to: [jennifer.campbell@fpmgrp.org](mailto:jennifer.campbell@fpmgrp.org) or [dallas.dick@fpmgrp.org](mailto:dallas.dick@fpmgrp.org)